

Top Superstitious Beliefs of Filipinos

Do you believe in superstitions? Do you trust in the saying that sleeping with wet hair makes one crazy or that brides should not wear their gowns before the wedding day, as it may not push through?

Do you believe in superstitions? Do you trust in the saying that sleeping with wet hair makes one crazy or that brides should not wear their gowns before the wedding day, as it may not push through? These are just some of the superstitious viewpoints that have grown over the years in the different regions and provinces in the Philippines. These have developed as part of the Filipino culture which, one way or another, influenced their way of life. This article presents the top **superstitious beliefs** of **Filipinos**.

What are these practices?

A superstition is a belief, rite or practice irrationally maintained by ignorance of the laws of nature or by faith in magic of chance. A few of us act on simple impulses and previous habits while some just replicate what others are doing. As aforementioned above, these **superstitious beliefs** can manipulate and persuade a person in so many ways. What are these top practices of **Filipinos** and the corresponding areas affected?

1. General Health

- o *Sore eyes can be alleviated with washing the eyes with the first urine early in the morning.*

2. Clothes

- o *Sewing a button while the garment is worn will make someone undergo operation in the future.*

3. Giving

- o *Giving a pair of shoes to someone without having received any amount of coin from that person in exchange will mean that they will be in constant fight with each other for the rest of their lives.*

4. Animals

- o *Cows, which have crossed the road before your vehicle passes through, will bring you lots of money.*

5. Wedding

- o *Giving of chamberpot (arinola) is believed to bring good luck to newlyweds.*

6. Pregnancy

- o *Taking pictures of a pregnant woman will cause abortion or a difficult delivery.*

7. Money

- o *Itching hands should be placed immediately inside the pockets as this means plenty of incoming money.*

8. Numbers

- o *When three persons pose for a photo, the one in the middle is expected to be the first to die.*

9. Body marks

- o *A mole on the hand signifies wealth and prosperity.*

10. Death

- o *If a person dreams of having his teeth pulled out, it means that a family member will die.*

These top **superstitious beliefs** of **Filipinos** are merely based on sayings and notions from ancestors making a person to abstain from doing something in particular or preventing a threat from happening. These exert influence on the traditions and customs creating either a phenomena or scare in people.