

# Superstitious Beliefs

## Filipino Superstitious Belief on Luck

### Filipino Superstitious Beliefs on Good Luck



1. Throwing rice at newlyweds will bring prosperity throughout their life and they will have good children.
2. If one catches the bride's bouquet after a wedding ceremony, she will also get married soon.
3. One should open his window early in the morning so that grace will come in.
4. A baby born with a big birthmark on its body will be lucky.
5. If one's palm becomes itchy, she will receive some money.
6. When one sees a snake crossing the street, he will have good luck.
7. The placenta should be buried so that the baby will not be a problem child.
8. A person with big ears will have a long life.
9. A baby born with an extra finger is lucky.
10. If a baby cries during his baptism ceremony, it will have a long life.
11. Wishing on the first star that one sees in the evening will make that wish come true.
12. Parents with a child who is a deaf mute are lucky.

### Filipino Superstitious Belief on Bad Luck/ Misfortune

1. The bride should not try on her wedding dress before the wedding ceremony; otherwise, the wedding will not take place.
2. If one meets a black cat while crossing the road, a misfortune will occur.
3. If during the time a house is being built the carpenter meets with an accident, the owner of the house will have misfortune in life.
4. A girl who sings before a stove while she cooks will be married to an old widower.
5. If a pregnant woman cuts her hair, she will give birth to a hairless child.
6. One should not decorate a dress with pearls because it means she will shed tears.
7. One should not sit on his books because it will make him dull.
8. A boy who sleeps on a table will someday marry a widow.
9. When an adolescent plays, it will rain.
10. A couple will not be happy in their marriage if loud thunder occurs during their wedding.
11. One should not pay or give money through the window because it will make him poor.
12. If one brings salt near an orange tree, the tree will start to bear sour fruit.
13. When a duck flies it is a sign of bad luck.
14. One should not comb his hair in front of the body of a dead person or else all his hair will fall off.
15. When a cat washes himself, a storm is coming.
16. One does not eat in front of a stove for this causes wealth to go away.
17. A pregnant woman should not eat twin bananas for it causes twin births.
18. If one throws a stone in the dark at night, he will harm someone.
19. If a pregnant woman eats a red star apple, she will give birth to a child who will look like a star apple.
20. One should not stand in front of a burned house. It will cause his own house to be burned.
21. If one opens an umbrella inside the house, a lizard from the ceiling will fall.
22. When many butterflies are flying, it means rain will come.
23. If one sees a snake while he is on his way to the cockpit, it means bad luck.
24. If one puts a stick into the mouth of a glass she will see the face of her future husband.
25. Sweeping the floor at night cause: one to lose all his wealth.
26. If one breaks a glass, a plate or a cup during a banquet, something bad will happen.
27. After hearing mass, one must not take a bath because the holy water will be removed from his body.
28. Debts should not be paid at night. It brings bad luck.

29. Pregnant women should not sit on the stairs because that might make their deliveries difficult.

30. When the frogs cry, it will rain.

31. A pregnant woman who goes to the river will give birth to a dead baby.

32. One will have bad luck if he breaks a mirror.

33. If one points his finger at a rainbow, his finger will be cut off.

34. When the ants start to climb up the house, it will rain.

35. Women who have a mole under the eyes where the tears fall will be widowed early.

36. The woman who eats crabs during pregnancy will have a baby with six fingers or with other physical deformities.

37. If one reconstructs his house, he should not cut the posts because that might cause him to lose his wealth.

38. The family that lives in a house in which the stairs face the sun will have bad luck.

39. If one removes the plates while an unmarried woman is still eating, that woman will stay single all her life.

40. Playing at night brings bad luck.

41. During menstruation a woman should not touch or pinch plants, otherwise, the plants will die.

42. During the Holy Week, people should not go out or travel in order to avoid accidents.

43. Old clothes given to other people will only bring them bad luck.

44. Whistling in the evening is bad.

45. Drying clothes, especially underwear, at night causes pregnancy.

46. If a single lady dreams of a wedding, she will become an old maid.

47. If one has to pass between two houses close to each other, he should murmur some words (such as "*makikiraan po*" may I pass).

48. If one breaks something he is holding in his hand, it means bad luck.

49. If one kills a cat, he will suffer persecution for seven years.

50. If a picture falls from a wall, it means bad luck.

51. If a hen cackles under the house at night, it means a girl in the family will give birth to an illegitimate child.

52. A pregnant woman should not eat raw rice during pregnancy; otherwise, she will have a toothless baby.

53. If a person leaves the house while others are eating, they should turn their plates around so that he will not meet with an accident.

54. If one receives a present that is pointed (like a knife or a letter opener) he should give the giver a rounded object (like a five or ten centavo piece).

55. When one goes to his wedding, he should not ride in a bus to avoid bad luck.
56. One should cover the mirror when there is lightning to avoid mist triune.
57. If one winnows the rice in the doorway, he will have a small harvest the next year.
58. Changing clothes twice before going to church means something bad will happen on the way.
59. Never tell about a dream before breakfast because this will cause misfortune.
60. If one happens to break the eggs of a lizard, he will also break something in the home.
61. If a woman in the family way watches a burial, she will have a difficult delivery.
62. One who tells jokes about saints will be punished by having his fists closed forever.
63. Throwing rice or salt on the floor makes one as poor as a rat.
64. If one takes an unbaptized baby out of the house, he will meet with an accident.

## **Filipino Superstition on Death & Illness**

### Filipino Superstitious Beliefs Related to Death



1. If a black butterfly lingers around a person, it means that one of his relatives has just died.
2. No one should go out before the utensils used in eating have been washed and put away; otherwise a member of the family will die.
3. One must not organize teams of 3 or 13, otherwise one member will die.
4. Eating sour fruits at night will cause the early death of one's parents.

5. At a funeral, not all members of the family should be allowed to look at the face of the dead person. If they do, he will visit them and all of them will die.
6. If a sick person on his way to the hospital meets a black cat, he will die.
7. If someone smells the odor of a candle when there is no candle burning, one of his relatives will die.
8. If one dreams that one of his teeth is being uprooted or pulled out, a member of his family will die.
9. If a person eats "malunggay" (leaves of a Philippine tree used as a vegetable) when one member of his family has just died, all the other members of the family will die.
10. During a wedding the one whose candle goes out first will be the first of the couple to die.
11. If one cuts his fingernails at night, a member of the family will die.
12. When a group of three has their picture taken, the one in the middle will die first.
13. If a cock crows in the afternoon, it means somebody will die.
14. If an owl is seen near the house of a sick person that sick person is sure to die.
15. Pregnant women should not have their picture taken; otherwise, their babies will die.
16. While the mother is giving birth, every hole in the house should be covered; otherwise an evil spirit might come in and kill the baby.
17. When a pregnant woman wears a black dress, her baby will die.
18. If a person's shadow appears to be without a head, that person will soon die.
19. Cleaning the backyard when the sun has already set and it is already dark causes death.
20. If two people from the same family get married within a year, one will die.
21. If you place a dead person with his feet pointing toward the rising sun, a relative will die.

#### Filipino Superstitious Beliefs Related to Illnesses

1. Sleeping with wet hair causes blindness.
2. A person will get sick if he takes a bath on Friday.
3. If one removes ear wax at night, he will become deaf the following week.
4. A person who cuts his fingernails at night will become sick.
5. A person who cuts his fingernails on Friday will have a serious illness.
6. Before throwing hot water on the ground, give a warning to the elves, otherwise you will become sick.
7. Playing with one's shadow will make one crazy.
8. Warts are caused by the urine of frogs.
9. Bathing during menstruation period causes insanity.

10. Eating sour food during menstruation causes stomach trouble.
11. Drinking dog's blood is a cure for tuberculosis.
12. Eating "bugok" eggs (partially incubated eggs without the embryo) will make a person dull.

### Filipino Superstitious Beliefs Related to Ghostly Spirits and Witches

1. If one passes through the window instead of the door, a ghost will come.
2. When two dogs bark at night there is a ghost.
3. Before six o'clock at night, children should be in the house or else they may bump into a person without a head.
4. When one passes by an anthill, one should ask to be excused, otherwise, a spirit will play tricks on that person.
5. A person who always uses a bandage on Fridays is a witch.

## Superstition That Evil Causes Illness

Common among Filipinos is the belief that sickness is the work of some evil spirits. Examples of such beliefs are the following:

1. When a child has epileptic fits or when a pregnant woman has convulsive seizures, an evil spirit is supposed to have entered the body of the child or of the woman.
2. When some painful and red spots appear suddenly on the body of a person who came from the field or from a thicket, an invisible hand is suspected to have mischievously touched the person.
3. When a man has a stroke of paralysis, an evil wind is believed to have hit him.
4. When a tumor grows in a part of the body, a displeased witch or a person who has contact with an evil spirit is thought to have planted it.
5. When a member of the family has persistent fever, the spirit of a deceased relative is presumed to remind the family of an unfulfilled obligation to the departed soul.



6. To aware the spirits away and to cure those afflicted by the evil spirits, the curative practices are: to flog the patient, put signs of the cross on his forehead or at every post of his house, and make all kinds of noises; sacrifice some live animals or offer some food, "buyo" and oil to appease the offended spirit; and wear amulets (anting-anting) to neutralize the machinations of the devil.
7. When a sick person is seriously ill or is pronounced by reputable physicians as hopeless or incurable, he and his family have that instinctive urge to resort to the cure of the magicians, wizards, sorcerers, voodoos, mystics, conjurers, "manghihihot" (sprain curer), "herbolarios", or faith-healer, be it of dubious value. Remorse comes if they do not resort to such a practice because as a result of breaking away from old beliefs and practices, someone in the family might keep saying ever afterward, half only we had done this, the patient might have pulled throughout
8. After biting a person, the dog is killed to protect its victim from contracting rabies.
9. The heat or moisture of the earth neutralizes the snake venom in a snake bite.
10. Many people leave their skin diseases untreated because of the belief that these ailments serve as outlets for noxious substances produced in the body.
11. A red patch of skin is the result of the mischievous "touch" of an invisible hand of an "anino".
12. No two pregnant women should live under a common roof lest one meet with a tragic accident.
13. Delivering twins is a result of eating twin bananas or looking at twin objects.
14. A child in the womb might be marked in some obscure Way by what the mother has thought, felt, or seen during pregnancy. Thus, a pregnant woman should refrain from seeing horror movies and looking at grotesque pictures in comic magazines and advertising billboards.
15. All the wishes of the pregnant woman should be satisfied lest miscarriage take place. A husband should inquire most solicitously about all that his pregnant wife wishes to eat or to possess.
16. A pregnant woman should not go out at night unless she hangs her hair loose. A vampire ("aswang") might trail her and suck her blood or that of her fetus.
17. Tying the umbilical cord of a baby with a string and hanging it in the front part of the house will give the baby girl many suitors when she grows up.
18. Air should not be allowed to seep through the skin or genital organ of a woman who has just delivered a baby. Otherwise, the woman and the baby will have frequent attacks of colic or the mother will be inane.
19. Certain varieties of fruits and vegetables like eggplants, squash, gab! and arrow roots should be excluded from the diet of a woman who has just given birth. Eating them may cause colic in the newly-born baby or swelling and itching on the genital organs of the mother.
20. A woman who has just delivered a baby will bleed if she eats unpolished rice mixed with other colored pains.

21. A pregnant woman should not sleep at noontime; it will cause swelling of her body.
22. The baby's umbilical cord should be cut with the sharpened edge of a bamboo stick. Otherwise, a spirit might make the baby suffer pain during the next five days when the cord would begin to separate from the body.
23. When the umbilical stump is about to be cast off between the fifth and the tenth day after birth, the baby is expected to suffer from pains.
24. Amulets or "anting-antings" protect the wearer from illnesses and help counteract witchery. They also promote good health.
25. Diarrhea and fever normally come with the teething of babies.
26. Eating too much fish causes intestinal worms.
27. Splashing urine on a child's face will stop its convulsions.
28. Peeping causes styes (kuliti)
29. Looking at a placenta causes a rapid deterioration of one's eyesight. Because of this belief, the placenta should be carefully wrapped in rags and immediately buried in the backyard after a mother's delivery of a baby in the house.
30. Should a child look at objects above his forehead as a gust of wind passes by, he will develop a squint.
31. An evil spirit usually goes with the fragrance of flowers at night. Anyone who smells it would also suck in the evil spirit who will eat the bridge of the nose until it crumbles down.
32. Every temporary tooth of a child that falls off should be buried in the moist earth under the "batalan" (an open bathroom next to the kitchen of a Filipino nipa house) so that it may be replaced by a permanent tooth that is resistant to decay.
33. Any person delivered breech or buttocks or feet first has the special power to remove fish spines in the throat of others either by simply applying his hands or handkerchief on the neck or by rubbing his saliva over it.
34. A sacrifice should be offered in newly opened forest areas to befriend the evil spirits that are present in those places.
35. Recurrence of an illness, vernacularly called "binat", "begnat" or "belnat", is caused by eating certain kinds of food or by cutting the hair too soon after illness. This relapse is best treated by fumigating the patient with smoke produced by burning the offending food or the patient's hair.
36. After a person dies, his soul wanders around for a time at least, before it goes to its final assignment. To keep this soul from molesting the bereaved family, relatives, and friends, and to coax it to go to its resting place, a novena should be recited for nine consecutive days.
37. Friday the 13th is an unlucky day-doubly unlucky- or anyone who does any business, work, or operation.
38. Every year, in the month of May, a certain number of lives will be claimed by lightning or falls from trees.

39. If one smells a burning candle, a relative must have died.
- 40 Meeting a funeral procession is a bad omen.
41. If a black bird perches on the roof-top of a house, someone in that house will soon die.
42. Dreaming of falling teeth forbodes misfortune, usually death, of a near relative.
43. If a fork drops to the floor accidentally, a male visitor is coming; if a spoon, a female visitor will come.
44. When a cat sitting by the door cleans its paws or rubs its face, a visitor is coming.
45. When a house lizard makes a noise, a visitor will come.
46. When someone sings in front of a fire while cooking, a visitor is coming soon.
47. No marriage should take place except during the period of the full moon. It is the belief that good fortune comes only during that period
48. Giving religious articles to one's sweetheart will cause breaking up of the relationship.
49. If a person gives another a pair of shoes as a gift, they will become enemies.
50. Appearance of a comet foretells war, pestilence and calamity.
51. When a star gets near the moon, it is an omen of war.

C. Some Filipinos believe in lucky and unlucky dates and numbers.

1. The lucky dates of the twelve months of the year are the following:

January 1, 3, 4, 5, 28, 29

February 2, 4, 5, 17, 26, 27, 28

March 2, 3, 8, 9, 10

April 2, 6, 25, 26, 27

May 1, 2, 3, 4, 12, 13, 18, 20

June 3, 5, 16, 19, 24, 30

July 4, 12, 15, 19, 26

August 6, 9, 14, 19, 26, 31

September 3, 12, 20, 21, 29

October 7, 12, 17, 24, 29, 30

November 1, 2, 11, 18, 23, 28

December 5, 8, 16, 20, 24, 25

2. The unlucky three 18ths of the three months are:

March 18

September 18

August 18

3. The lucky dates for planting are the following:

In January: 3, 5, 8, 9, 10, 18, 21, 28, 29, 30, 31

In February: 2, 4, 5, 6, 12, 13, 17, 18, 24, 26

In March: 3, 8, 9, 10, 14, 16, 25, 26, 28, 29

In April: 1, 4, 11, 12, 14, 21, 22, 26, 27

In May: 1, 3, 5, 8, 9, 10, 12, 18, 19, 29, 30, 31

In June: 7, 8, 10, 16, 19, 22, 24, 25, 26, 27

In July: 3, 4, 5, 6, 7, 14, 23, 24, 25, 29, 30, 31

In August: 1, 3, 4, 5, 11, 12, 21, 22, 26, 27, 28

In September: 1, 3, 8, 9, 10, 19, 20, 28, 29, 30

In October: 3, 7, 10, 12, 16, 17, 21, 22, 26, 27

In November: 3, 4, 5, 10, 13, 14, 19, 20, 24, 27, 30

In December: 1, 2, 9, 10, 11, 12, 24, 25, 27, 29, 31

4. The four unlucky Mondays of the months are;

a) Monday of April, when God condemned the towns of Beram, Lipandas, Madama,

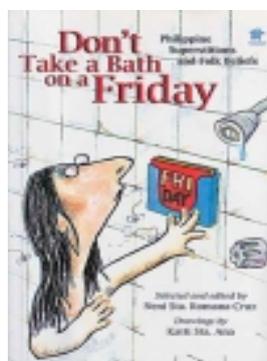
b) Monday of August,, when Eve gave birth to Cain

c) Monday of September, when Judas Escariot was born

d) Monday of January, when Cain killed Abel

## Other Filipino Superstitious Beliefs

### Other Filipino Superstitious Beliefs



1. If a person bites his tongue, it means somebody is thinking of him.

2. A girl with white spots on her fingernails is inconstant in love.

3. It is bad to sweep the floor at six o'clock in the evening for it means driving away good fortune and graces.
4. It is bad to sweep the floor when there are people playing cards or gambling because luck is being swept away.
5. One should not open an umbrella while inside a house; a centipede is likely to fall from the ceiling and he will be bitten by it.
6. If a pregnant woman sews her dress while wearing it, her baby will be born without a hole in the rectum.
7. If a pregnant woman sits on the stairs, she will have a difficult time in delivering her baby.
8. If a pregnant woman wears a necklace or a choker, the umbilical cord of her baby will also be wound round its neck endangering its life.
9. If the direction of the wooden slats of a floor are not parallel to the stairs, good fortune will not come to the dwellers of the house.
10. If sweethearts give each other gifts like shoes or slippers, their relationship will not last long.
11. If a boy gives his sweetheart a necklace as a gift and the necklace is broken, it means that they are not meant for each other.
12. If the coffin of a dead person bumps against something during the funeral, someone will soon die.
13. If the coffin of a dear person is too big for his size, he will also die soon.
14. In bringing the coffin down the house, the head should be the first so that the dead will have an easy journey to his destiny.
15. The dead in the coffin should face the rising sun upon interment so that his soul will not suffer very much.
16. If two sisters or two brothers get married within the same year, one will have a prosperous married life; the other, a sorrowful life.
17. If a couple receives a urinal as a wedding gift they will have luck, prosperity and riches.
18. If a couple receives a crucifix as a wedding gift, they will have a peaceful relationship.
19. In a church wedding ceremony, the first of the couple to reach the altar and to go out of the church will be the dominant one.
20. If the veil sponsor in the wedding ceremony is still single, she is doomed to be an old maid.
21. He whose candle is put off during the wedding ceremony will die first.
22. If a pregnant woman looks beautiful and kind, she will have a baby girl; if she looks ugly and cruel, she will have a baby boy.
23. A pregnant woman who gives birth to a baby boy will have a painful delivery; one who has a girl will have an easy delivery.
24. If one combs his hair at night, his parents will die.

25. If one puts his used plates over those of others while some are still eating, the last one to leave the table will have many problems.
26. If one will die. gives a wallet or a bag as a gift, he must put some money in it or else such wallet or bag will bring bad luck.
27. Counting money on the midnights of December 24 up to January 1 of the New Year will bring a person endless wealth during the whole year.
28. One must pay all his debts before January 1st of the New Year or else he will always be in debt the whole year.
29. Rice bags and ill containers in the home must always be full to maintain a bountiful life.
30. On Good Fridays one must not do hard work, take a bath, eat meat or make any noise because "God is dead" .
31. On Easter Sunday, all children must jump high upon hearing the sound of the church Easter bells so that they will grow taller.
32. There must be a feast or banquet on Easter Sunday to celebrate the new life of Jesus Christ.
33. When a person receives as a gift a statue of Buddha with children around him, the receiver will be lucky with his children.
34. When a person receives as a gift a statue of Buddha without children around him, the receiver's business will fail.
35. If one receives a jade stone or his own birth stone as a gift, he will be lucky in life.
36. If one receives a diamond as a gift, he will be lucky in business..
37. Putting a statue of Sto. Nino (The Holy Child) in one's store or business place brings good luck.
38. One must make the sign of the cross before he leaves his house or before taking a long journey so that he will arrive safely at his destination.
39. If one breaks a mirror, he will have seven years of bad luck.
40. Upon transfixing to a new house, the occupants must bring rice and salt first so that they will have a prosperous life in that house.
41. If a relative dies, the children related to the dead must be lifted across the coffin before it is put into the grave so that the soul of the dead will not visit them.
42. During interment of the dead, the children should wear red clothes so that the soul of the dead will not bother them.
43. The people in the first house to which a newly-baptized child is brought should voluntarily give some money so that a good and prosperous life will come to the child.
44. Eating peanuts makes a person intelligent.
45. If parents want their child to be a good orator or speaker when he grows. They must feed him with the cooked female organ of a pig.
46. If the umbilical cord of a baby is inserted in the staircase of the house, its grasp will be strong.

47. If red ants are abundant in a certain part of a house, good fortune will come to the occupants of the house.
48. If one's left palm is itchy, money is coming to him; if his right palm is itchy, money will be spent by him.
49. If a black butterfly enters the house, someone in the family will die.
50. If a baby is born with a mole on his forehead, he will grow up an intelligent man.
51. If a baby is born with a mole on his shoulder, he will have a lot of hardships and sorrow in life.
52. If a baby is born with a mole on his foot, he will travel a lot.
53. If a baby is born with a mole near his eye, he will be easily widowed, and for several times.
54. When the temporary tooth of a child is extracted, that tooth should be thrown out with a request that the rats should give him another new and fine tooth.
55. Broken mirrors or glasses in the house should be removed; otherwise, good luck will not come to that house.
56. A man with natural curly hair is temperamental and moody.
57. A man with a hairline that is elongated at the back is stingy.
58. A man with a deep nape is stingy.
59. A woman with a mole at the nape will have many suitors.
60. A child with two cowlicks on his head is a hard-headed but lucky child.
61. There should be "pansit" or noodles in a birth celebration so that the celebrant will have a long life.
62. If there is a pregnant woman in a house, garlic, vinegar and a bolo should be placed on the window so that vampires will not eat the fetus.
63. A woman who has just delivered a baby should take hot soup after her first bath so that she will regain her youthful skin.
64. If one wants to be remembered by a friend, she should put that friend's picture under her own pillow when she sleeps at night.
65. Upon entering a town church for the first time, one should make a wish so that good luck will come to him.
66. In constructing a house, silver coins or cash money are put within the principal posts so that prosperity will come to the dwellers of that house.
67. If one gets lost on his way to a certain place, he should invert his shirt and he will find his way.
68. A woman with thick and rounded heels is by nature lazy.
69. A person with a flat foot is by nature a slow-foot.
70. A person with a wide forehead is intelligent.
71. A person with a narrow forehead is dull.

72. A person with a mole on the lips is talkative.
73. A person with a mole between the two eyes is lucky in business.
74. A person with a wide shoulder is lazy.
75. One must not spend money on a Monday because money will be going out of his pocket the whole week.
76. A businessman must make sure that his first customer on Mondays buys from him, otherwise business the whole week will not be good.
77. A sponsor in a house blessing must toss coins as he holds a lighted candle inside the house so that prosperity and good luck will come to the dwellers.
78. Lending bad luck.
79. The main door of the house should face the rising sun so that good luck and abundance will come inside the house.
80. Using broken plates inside the house brings bad luck.
81. Flower pots should not be placed one over the other because there will be misfortune for the family year after year.
82. When there is hard rain and strong lightning, one should spray vinegar all over the house and cover all the mirrors so that the lightning will not strike the house.
83. A baby's eyelashes should be cut short within its first three months so that they will grow long and curly.
84. A newly-born baby should be tossed up into the air after its first bath so that it will not grow up a frightful person.
85. Changing the name of a baby who is critically ill may save his life. or giving out rice from your house at night brings
86. Cutting one's fingernails on days when the Sorrowful Mysteries is prayed brings bad luck.
87. When a person changes his place from one to another while eating, he will be unfaithful to his life partner.
88. Sweeping the floor when there is a wake for the dead in that house is never done because someone else in the family will also die.
89. Helping a baby to turn on its stomach for the first time is not good for it will grow up a very dependent person.
90. One must avoid giving handkerchiefs as gifts because the recipient of the handkerchiefs is likely to cause grief to the giver.
91. Sweethearts should not be baptismal sponsors of the same child; otherwise, their relationship will not end up in marriage.
92. A pregnant woman should not have her picture taken because her baby will be born abnormal.
93. A pregnant woman should not act as a baptismal sponsor because her baby might die.

94. The first time a baby lies face down, he should be placed sitting on a basin so that he will be wealthy when he grows up.
95. A hungry person must not greet a child; otherwise, the child will grow thin from a bad stomach ache.
96. During the first three months of a woman's pregnancy, she should not be fond of babies or else she will vomit and become uncomfortable.
97. During the period of intense craving felt by a conceiving woman, she should not take notice of fruit-bearing trees for the trees might die.
98. A woman who sings while cooking will not be able to marry throughout her life.
99. A younger child in the family should not get married ahead of the older one because misfortune will befall him; the older one may not get married anymore.
100. Bad luck will come to the dwellers of a house whose last step of the stairs faces the main exit of the house.
101. Houses on dead-end street should not have gated directly facing the street; otherwise, an occupant of the house will die from an accident.
102. If tears are shed on the coffin of the dead, the soul of the dead person will never have peace.
103. When there are cats fighting in the neighborhood, children of one family will soon also be fighting one another.
104. When one goes to borrow money from a friend and on the way a cat crosses his path, she should not go on with his intention because the cat is an indication that his friend will not lend him money.
105. Talking when eating something is an act of rejecting God's grace.
106. Visitors should be asked to enter the house at once and not stop at the door or else the pregnant woman in the house will have some suffering.
107. The new-born should be given "ampalaya" (bitter melon) juice before the first breast feeding to improve the baby's appetite and prevent his becoming choosy or finicky about food when he grows up.
108. The child's bath should be withheld on Fridays to prevent his developing serious illness.
109. The baby's first nail trimmings should be buried under the stairway to prevent falls.
110. The placenta should be buried next the kitchen to keep both mother and baby healthy.
111. The cord stump should be carefully watched and kept immediately if it falls off, for if a mouse gets hold of it the baby would be sickly.
112. To ensure a bright future for the child, the mother places coins, papers, pencils or diamond rings in the basin used for his first bath.
113. Eczematous children are dressed in black clothes to make the course of the disease shorter.

114. Skin eruptions are treated with saliva and chewed "buyo" leaves applied on the skin.

115. A house in which a member of the family dies is burned or abandoned to prevent illness and death of the other members of the family.

116. Seven (7) is a lucky number and all other odd numbers are Lucky

117. The premature delivery of a baby is an evidence of "sin".

Ref.: <http://www.western-asian.com/culture/superstitious-beliefs>