Frank and Gerry Padilla are ordinary people tasked with an extraordinary mission. Frank founded Couples for Christ in 1981, and through the next 30 years brought CFC to more than a million people in 160 countries around the world. They are both part of the Pontifical Council for the Family and are serving their second term. Frank is also a Papal Awardee of St. Sylvester. They continuously travel, speaking on faith, family and life to the four corners of the world. They have been married for 40 years and live in Antipolo City, Philippines.

They both have had their share of obstacles and controversies, but they manage to focus on God and on what He is asking them to do for the re-evangelization of the world. They have the support of their 5 children, 2 children-in-law and 6 grandchildren, their community Couples for Christ Foundation for Family and Life and numerous people within and outside CFC FFL.

Listen to their story, and where the Lord is taking them next.

What is "Heart of the Matter"?
Everyone on this Earth has a call to change the world in his or her own way. Though sometimes, we think of ourselves as ordinary and in no way are we capable of affecting the world. This show will feature people who are as ordinary as you and I, but who affected (and continue to affect) the world in extraordinary ways - all by accepting their call and role, and by doing everything to fulfill the mission accorded to them by God. If they can do it, so can we. Watch and listen to Francesca Sarmiento get to the heart of the matter.

Who is Francesca Sarmiento?
Francesca Sarmiento is a missionary, pro-life advocate, educator, entrepreneur, culinarian, singer, wife and mother all rolled into one. She was once assigned as a missionary to India, worked for the kids and youth ministries' foreign missions and is now part of Family and Life Quad Media (FLiQ Media). She also recently spent some time
interning with Real Catholic TV in Detroit, Michigan. She took her undergraduate studies from the University of the Philippines where she is currently taking up Masters in Educational Psychology. She has one daughter and is married to JC (international coordinator of CFC Kids for Family and Life).

What is Family and Life Update (www.familyandlifeupdate.com)? 
Family and Life Update (FALU) brings you pro-life information and real issues affecting family and life around the world, but especially in Asia and the Philippines. This is done in three ways:
(1) Newsbits on current pro-life happenings.
(2) Features. Commentaries on issues of interest.
(3) In depth analysis.

Links:
Couples for Christ Foundation for Family and Life (www.cfcffl.net)
Frank Padilla (www.frankpadilla.com)
FLiQ Media (www.facebook.com/fliqmedia)
Kids for Family and Life (www.cfckfl.org)

Look more here: www.catholicchurch.ph